

BREAKFAST



Continental Breakfast \$11
Coffee / tea, juice, muffin, croissant or bagel

Two Eggs* \$12
choice of: pork sausage, turkey sausage, bacon, country ham

Healthy Start* \$12
Three egg-white omelette, mozzarella, tomato, spinach, onion, crimini mushrooms
Served with fresh fruit

Veggie Omelette* \$12
Spinach, tomatoes, mushrooms, goat cheese, topped with a dollop of onion jam

Meat Lovers Frittata* \$13
Ham, chorizo, sausage, bacon, mozzarella

Lobster Frittata* \$16
Baby spinach, tomatoes, cloth-aged cheddar

Garden Frittata* \$12
Spinach, red bell peppers, onions, tomatoes, cheddar cheese

Steak & 2 Eggs* \$19
Hollandaise

Above items served with choice of:
white, wheat, sourdough, rye,
English muffin, multigrain, gluten free
Roasted Yukon Gold home fries

Classic Eggs Benedict* \$15

Crab Cakes Benedict* \$16

Salmon Benedict* \$16

Above items served with
Roasted Yukon Gold home fries

Smoked Salmon Plate* \$17
Thin, hand-sliced smoked salmon served with traditional accompaniments including: toasted bagel, cream cheese, capers, and red onion

-EGG WHITES OR EGG BEATERS AVAILABLE \$1-

Buttermilk Pancakes \$10
Pure maple syrup
choice of:
banana, blueberry, chocolate chip,
peanut butter

Classic French Toast* \$10
Warm maple syrup, powdered sugar

Stollen French Toast* \$12
(rum-soaked dried fruit bread)
Warm maple syrup, honey-sugar

Aspire Waffles \$11
Apple-cinnamon compote, warm maple syrup, caramel sauce, whipped cream

BREAKFAST MEATS/ POTATOES

- Applewood smoked bacon \$4
- Pork sausage links \$4
- Turkey sausage links \$4
- Chorizo sausage \$4
- Grilled country ham or Canadian bacon ... \$4
- Roasted Yukon Gold home fries \$3

FRESH BAKED

- Toasted or grilled*
- Today's fresh-baked muffins \$4
 - Toast: wheat, white, sourdough, rye, multigrain, gluten free, English muffin \$2
 - Croissant \$4
 - New York bagels: plain, sesame seed, whole wheat, everything \$4

FRESH FRUIT & DAIRY

- Local yogurt (plain or vanilla) \$5
- Fruit salad with berries \$7
- Honey-granola parfait \$7
- with local yogurt & berries*
- Assorted Kellogg's cereals \$6
- Organic oatmeal \$7
- with cinnamon & brown sugar*
- choice of: walnuts, dried fruit, strawberries & banana*


BEVERAGES

HOT BEVERAGES

- Coffee \$3
- Espresso \$4
- Double Espresso \$6
- Cappuccino \$5
- Latte \$5
- Assorted Teas \$3

- Fresh Milk \$3
(whole, 2%, skim)
- Organic:
Soy Milk \$4
- Almond Milk \$4
- Fruit Juices \$4
orange, cranberry, apple,
grapefruit (red or white)

EXECUTIVE CHEF, JÖRI RIEBEN



ASPIRE

Seasonal Kitchen



*Consuming raw or undercooked meat, poultry, seafood, shellfish & eggs may increase the risk of food-borne related illness. Please inform server of any allergies.